

LUNCH	MONDAY 12/4	TUESDAY 12/5	WEDNESDAY 12/6	THURSDAY 12/7	FRIDAY 12/8	SATURDAY 12/9	SUNDAY 12/10
SOUP	CHICKEN NOODLE	CHICKEN CORN CHOWDER - MWOG	BEEF VEGETABLE - MWOG	HUNGARIAN GOULASH - MWOG	NEW ENGLAND CLAM CHOWDER	OATMEAL	OATMEAL
	3 BEAN CHILI - MWOG	BARLEY VEGETABLE	CHEDDAR CAULIFLOWER	ROASTED CORN CHOWDER	BUTTERNUT BISQUE - MWOG	CREAM OF SPINACH - MWOG	SPLIT PEA - MWOG
ENTRÉE	ROASTED BEET BURGER - MWOG VEGAN	VEGGIE CIABATTA SANDWICH - VEGETARIAN	PUERCO COMINO - MWOG	PORTOBELLO AND PESTO BAGUETTE - VEGETARIAN	TRICKED OUT CHICKEN SANDWICH	SCRAMBLED EGGS - MWOG VEGETARIAN	SCRAMBLED EGGS - MWOG VEGETARIAN
	SWEET POTATO FRIES - MWOG VEGAN	CUCUMBER TOMATO SALAD - MWOG VEGAN	CHEESE QUESADILLA - VEGETARIAN	FRENCH FRIES - MWOG VEGAN	GRILLED TRICKED OUT CHICKEN SANDWICH	BACON - MWOG	SAUSAGE LINKS - MWOG
	ROASTED GREEN BEANS - MWOG VEGAN	VERMONT CHEDDAR TURKEY BURGER - MWOG	VEGGIE QUESADILLA - VEGETARIAN	CHEESEBURGERS - MWOG	VEGAN TRICKED OUT CHICKEN SANDWICH	VEGAN SAUSAGE PATTY - VEGAN	VEGAN SAUSAGE PATTY - VEGAN
	BEEF BIBIMBAP BOWL - MWOG	BAKED MAC AND CHEESE - VEGETARIAN	SOUTHWEST RICE - MWOG VEGAN	10 VEGGIE BURGERS - MWOG VEGAN	STEAMED VEGETABLE BLEND - MWOG VEGAN	ROASTED GARLIC POTATOES - MWOG VEGAN	HASH BROWN PATTIES - VEGAN
	ROASTED TOFU BIBIMBAP BOWLS - MWOG VEGETARIAN	MUSHROOM SPINACH SALAD - MWOG VEGETARIAN	TORTILLA CHIPS WITH TOPPINGS - MWOG VEGAN/VEGETARIAN	BROCCOLI KALE STIR FRY - MWOG VEGAN	TRICKED OUT SANDWICH TOPPINGS	WAFFLES AND VEGAN WAFFLES	WAFFLES AND VEGAN WAFFLES
MADE WITHOUT GLUTEN	GRILLED VEGETABLE PANIN - MWOG VEGETARIAN	MWOG BAKED MAC AND CHEESE - MWOG VEGETARIAN	CHICKPEA PANCHMAEL - MWOG VEGAN	FRUIT AND SEED SALAD - MWOG VEGAN	TURKEY BACON RANCH WRAP - MWOG	TOFU HASH - MWOG VEGAN	BAKED HAM - MWOG
			BASMATI RICE - MWOG VEGAN			SPICED QUINOA - MWOG VEGAN	STEAMED VEGGIES - MWOG VEGAN
			BROWN LENTIL DAL - MWOG VEGAN			STEAMED VEGGIES - MWOG VEGAN	

DINNER	MONDAY 12/4	TUESDAY 12/5	WEDNESDAY 12/6	THURSDAY 12/7	FRIDAY 12/8	SATURDAY 12/9	SUNDAY 12/10
SOUP	CHICKEN NOODLE	CHICKEN CORN CHOWDER - MWOG	BEEF VEGETABLE - MWOG	HUNGARIAN GOULASH - MWOG	NEW ENGLAND CLAM CHOWDER	OATMEAL	OATMEAL
	3 BEAN CHILI - MWOG	BARLEY VEGETABLE	CHEDDAR CAULIFLOWER	ROASTED CORN CHOWDER	BUTTERNUT BISQUE - MWOG	CREAM OF SPINACH - MWOG	SPLIT PEA - MWOG
ENTRÉE	BUTTER CHICKEN - MWOG	PIZZA	ROTISSERIE CHICKEN - MWOG	FAJITAS	BAKED THREE CHEESE PENNE - VEGETARIAN	ROAST BEEF - MWOG	JERK CHICKEN - MWOG
	JASMINE RICE - MWOG VEGAN	VEGETARIAN PIZZA	MASHED SWEET POTATOES - MWOG VEGAN	REFRIED BEANS - MWOG	GARLIC BREAD - VEGETARIAN	ROASTED SWEET POTATOES - MWOG	PLANTAIN - MWOG VEGAN
	KACHUMBER SALAD - MWOG VEGAN	VEGAN PIZZA	STEAMED ASPARAGUS - MWOG VEGAN	VEGAN CHILI CON CARNE - MWOG VEGAN	VIETNAMESE PORK CHOP - MWOG	ROATED CAULIFLOWER - MWOG VEGAN	BLACK BEANS AND RICE - MWOG VEGAN
	RAOSTED GARLIC BROCCOLI - MWOG VEGAN	CAESAR SALAD	THAI SWEET CHILI TOFU SAUTE - MWOG VEGAN	TORTILLA CHIPS	NUOC CHAM RICE NOODLES - MWOG VEGETARIAN	CHICKEN VINDALOO - MWOG	SWEET AND SOUR TOFU WITH STIR-FRIED VEGETABLES - MWOG VEGAN
			JASMINE RICE - MWOG VEGAN	BLACK BEAN SALAD	SWEET SOY GREEN BEANS - MWOG VEGAN	VEGAN CHICKEN VINDALOO - VEGAN	SESAME FRIED BEANS - MWOG VEGAN
			THAI PEANUT NOODLE SALAD - MWOG VEGAN	FAJITA TOPPINGS BAR		BASMATI RICE - MWOG VEGAN	RICE -MWOG VEGAN
MADE WITHOUT GLUTEN	WINTER SQUASH AND BLACK BEAN CHILI - MWOG VEGAN	MWOG PIZZA	SHRIMP SCAMPI ON RICE NOODLES - MWOG	POACHED SALMON	BBQ BAKED TOFU - MWOG VEGAN	CHANNA MASALA - MWOG VEGAN	
		CURRIED PUMPKIN AND GARDEN VEGETABLE BOWL - MWOG VEGAN	GRILLED GARLIC BREAD - MWOG VEGAN	WITH ROASTED BUTTERNUT SQUASH AND KALE CHIMICHURRI - MWOG	BAKED BEANS - MWOG VEGETARIAN	BASMATI RICE - MWOG VEGAN	
					CORN - MWOG VEGAN		