

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ENTREE	OATMEAL SCRAMBLED EGG MAPLE PORK LINKS SWEET POTATO TOTS HARD BOILED EGG BYO SANDWICH BREAKFAST TACO	OATMEAL SCRAMBLED EGG BACON ROASTED POTATOES HARD BOILED EGG BYO SANDWICH EGG & CHEESE BAGEL	OATMEAL EGGS BENEDICT SAUSAGE PATTIES O'BRIEN POTATOES HARD BOILED EGG BYO SANDWICH EGG, SAUSAGE & CHEESE CROISSANT	OATMEAL SCRAMBLED EGG BACON TATER TOTS HARD BOILED EGG BYO SANDWICH BACON EGG & CHEESE	OATMEAL FRIED EGG SAUSAGE PATTY ROASTED RED POTATOES HARD BOILED EGG BYO SANDWICH SAUSAGE, EGG & CHEESE CROISSANT		
	BUTTERMILK PANCAKES STEAMED SPINACH	BLUEBERRY PANCAKE STEAMED BROCCOLI	NUTELLA STUFFED FRENCH TOAST SAUTEED MUSHROOMS	CHOCOLATE CHIP PANCAKE STEAMED SPINACH	BUTTERMILK PANCAKES STEAMED BROCCOLI		
	VEGAN PANCAKES VEGGIE SAUSAGE PATTIES SPICED QUINOA	VEGAN PANCAKE VEGGIE SAUSAGE PATTIES SPICED QUINOA	VEGAN PANCAKES VEGGIE SAUSAGE PATTIES SPICED QUINOA	VEGAN PANCAKES VEGGIE SAUSAGE PATTIES SPICED QUINOA	VEGAN PANCAKES VEGGIE SAUSAGE PATTIES SPICED QUINOA		
MWOG STATION	BUTTERMILK PANCAKES	BLUEBERRY PANCAKE	NUTELLA STUFFED FRENCH TOAST	CHOCOLATE CHIP PANCAKE	BUTTERMILK PANCAKES		

MWOG
 (Made
 Without
 Gluten)
VEG –
 Vegetarian
V – Vegan

LUNCH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP	BROCCOLI V MWOG CHICKEN NOODLE	KOREAN VEGETABLE BROTH V MWOG ITALIAN WEDDING	CHICKEN & RICE FLORENTINE BUTTERNUT BISQUE V MWOG	CREAM OF MUSHROOM CURRIED CAULIFLOWER V MWOG	NEW ENGLAND CLAM RSTD CORN & POTATO V MWOG	OATMEAL	OATMEAL
MAIN LINE 1	ROAST PORK BAHN MI TOFU BAHN MI V VIETNAMESE RICE NOODLE SALAD MWOG	BRUSSELS SPROUTS AND CARROTS MWOG V RANCH SEASONED FRENCH FRIES MWOG	CHICKEN SOUVLAKI PITA VEGAN CHICKEN SOUVLAKI V CUCUMBER TOMATO SALAD MWOG	CRISPY CHICKEN TENDERS ROASTED SWEET POTATOES MWOG V	SEASONED FRENCH FRIES ROASTED BEETS MWOG V	BACON TATER TOTS	PORK SAUSAGE LINKS ROASTED RED POTATOES
MAIN LINE 2	GARLIC HERB BREADSTICKS PARMESAN SPINACH DIP VEG MWOG	GRILLED CABOT CHEDDAR CHEESE SANDWICH VEG GRILLED VT SMOKEHOUSE HAM AND CABOT CHEDDAR SANDWICH	STEWED TOMATOES & ZUCCHINI MWOG V SAUTEED PORTOBELLO MUSHROOMS MWOG V	TANGY KALE SLAW MWOG V QUINOA & ISRAELI COUS COUS WITH TOMATO SALAD V	NORTHEAST FAMILY FARM BEEF BURGERS & CABOT CHEDDAR CHEESE BURGERS MWOG ROLLS AVAILABLE	CHOCOLATE CHIP PANCAKES SCRAMBLED EGGS	FRENCH TOAST SCRAMBLED EGGS
MAIN LINE 3	BAKED CHICKEN BRUSCHETTA MWOG SAUTEED KALE WITH BALSAMIC ONIONS V MWOG V	ANCHO- CHIPOTLE BEEF CHILI MWOG CORNBREAD ROASTED CORN MWOG	SHRIMP & RAVIOLI FRA DIAVOLO GARLIC BREAD	ACHIOTE PORK TORTA TORTILLA CHIPS MWOG SALSA MWOG V JICAMA WITH CHILI & LIME MWOG V	EGGPLANT PARMESAN VEG VEGAN EGGPLANT PARMESAN V GARLIC BREAD	BISCUITS & SAUSAGE GRAVY STEAMED BROCCOLI	VEGGIE & EGG SCRAMBLE STEAMED GREEN BEANS
PASTA BAR	CAVITAPPI V MEAT SAUCE MWOG PASTA	ROTINI V ALFREDO SAUCE VEG MWOG PASTA	BOW TIES V SAUSAGE SAUCE MWOG PASTA	GEMELLI V ARRABIATA SAUCE V MWOG PASTA	PENNE V MARINARA SAUCE V MWOG PASTA	WAFFLE BAR	WAFFLE BAR
VEGAN STATION	VEGAN MAC & CHEESE BAR	VEGAN CHILI CON CARNE MWOG SEAONED RICE MWOG CORNBREAD	VEGAN THAI CURRY CHICKEN BOWL WITH FRESH LIME	VEGAN SEITAN TACOS WITH ROASTED VEGETABLES REFRIED BEANS	VEGAN CHICKEN KUNG PAO STIR FRY WITH KALE & PEANUTS MWOG JASMINE RICE	VEGAN SAUSAGE PATTIES VEGAN WAFFLES VEGAN PANCAKES	VEGAN SAUSAGE PATTIES VEGAN WAFFLES VEGAN PANCAKES
MWOG STATION	JAMAICAN ESCOVITCH FISH WITH RICE AND PEAS	CHICKEN AND TOMATO BALTI BASMATI RICE	CREOLE ROASTED PORK LOIN & BROWN RICE	SEARED SALMON HARISSA PLATE – YELLOW LENTIL, CHIC PEA, VEGGIES	ITALIAN PANINI WITH SALAMI, SPINACH, PROVOLONE, ROASTED GARLIC MASCARPONE ITALIAN LENTIL SALAD	PANCAKES	FRENCH TOAST

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DINNER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN LINE 1	TORTELLINI VEG & MEATBALLS GARLIC BREAD VEG	TOMATO-DIJON BRAISED BEEF MWOG ROASTED GARLIC POTATOES MWOG V	MANGO-HOISIN GLAZED PORK RIBS WITH ASIAN CABBAGE SLAW	SZECHUAN TWICE COOKED PORK & VEGETABLES MWOG STICKY RICE V	FRIED MISTY KNOLL FARMS CHICKEN BUTTERMILK MASHED POTATOES MWOG VEG	GRILLED CARNE ASADA PORK LOIN MWOG SOFRITO BLACK BEANS & RICE MWOG V	ITALIAN BEEF MEATBALLS SAN MARZANO MARINARA V
MAIN LINE 2	CAESAR SALAD VEG	ROASTED ROOT VEGETABLES MWOG V ITALIAN SEASONED ROASTED VEGETABLES MWOG V	FRIED SWEET CHILI GREEN BEANS MWOG V	BRUSSELS SPROUTS AND CARROTS MWOG V	BAKED MACARONI & CABBOT CHEDDAR CHEESE VEG SEASONED CORN MWOG V	CHEESE QUESADILLA VEG CHIPOTLE CHICKEN QUESADILLA	CHICKEN PARMESAN BAKED THREE CHEESE PENNE VEG MWOG BAKED PENNE
MAIN LINE 3	JASMINE RICE MWOG V THAI RED CURRY COCONUT CHICKEN MWOG BROCCOLI & KALE STIR FRY MWOG V	MISTY KNOLL FARMS CHICKEN CACIATORE WITH FETTUCINI	MEZE PLATTER – MEDITERRANEAN TAPAS WITH ROASTED EGGPLANT, HUMMUS, TABBOULEH, OLIVES, PITA BREAD V	BOW TIE PASTA BAKE WITH SAUSAGE & ASIAGO CREAM GARLIC BREAD V	NORTEAST FAMILY FARM BEEF MEATLOAF WITH SAVORY HOMESTYLE GRAVY STEAMED CARROT, CAULIFLOWER & BROCCOLI MWOG V	SOUR CREAM GUACAMOLE MWOG V SALSA MWOG V	GARLIC BREAD V ITALIAN ROASTED VEGETABLES MWOG V ROASTED GARLIC POTATOES MWOG V
PASTA BAR	CAVITAPPI V MEAT SAUCE MWOG PASTA	ROTINI V ALFREDO SAUCE MWOG PASTA	BOW TIES V SAUSAGE SAUCE MWOG PASTA	GEMELLI V ARRABIATA SAUCE V MWOG PASTA	PENNE V MARINARA SAUCE V MWOG PASTA		
VEGAN STATION	POTATO, KALE AND TEMPEH ENCHALADAS	GRILLED PORTOBELLO BURGER WITH BBQ ONIONS, AVOCADO ON WHOLE WHEAT ROLL	SPICY EDAMAME, SLAW AND SUSHI RICE BURRITO	MANGO, QUINOA SALAD WITH DRIED CRANBERRIES, JALAPENO AND TOASTED ALMONDS	JJAJANGMYEON NOODLES (NOODLES IN BLACK BEAN SAUCE, SEITAN & SHIITAKE MUSHROOMS)	VEGAN JAMBALAYA WITH RED BEANS AND RICE MWOG	BLACK BEAN BURGER WITH PICO DE GALLO & VEGAN AVOCADO CREMA
MWOG STATION	SALSA CHEDDAR QUESADILLA WITH PAPAS RANCHERAS VEG	ASPARAGUS & MUSHROOM RISOTTO VEG	DIJON MUSTARD RUBBED MISTY KNOLL BREAST OF TURKEY & BACON PANINI	VEGETABLE BALTI CURRY WITH BASMATI RICE V	CHICKPEA TAGINE WITH SAFFRON RICE V		

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