

# Connect with your benefits

Wherever and whenever

Managing your health and healthcare expenses doesn't have to be stressful. We have some easy digital tools to help you be more informed and confident about your health benefits and expenses.



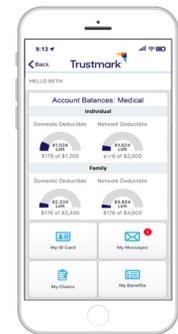
## myTrustmarkBenefitsWire

Even when you're not thinking about your health and health benefits, we are. myTrustmarkBenefitsWire connects with you via mobile messaging so you're always in touch. You'll get messages to help you understand your plan and actively engage with your health. To opt in, text "JOIN" to 49419.



## myTrustmarkBenefits Mobile App

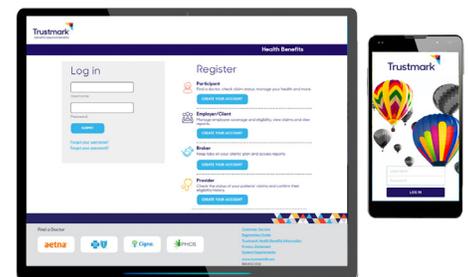
You still need to connect with your health benefits while you're on the go. You can find a doctor, connect with Trustmark Health Benefits customer service, access your benefit ID card, and much more using our mobile app. Download it for free today from Apple's App Store or Google Play.



## myTrustmarkBenefits Online Portal

Our secure online portal lets you access your benefits and claims, view your EOBs, manage and pay your medical bills, and more - all from your phone, tablet, or computer, wherever and whenever you want.

Visit [myTrustmarkBenefits.com](http://myTrustmarkBenefits.com) to log in or register.



Expect **more.**  
**Benefit** more.

If you have questions, please call the number located at the top of your ID card.

**BENNINGTON COLLEGE**

Self-funded plans are administered by Trustmark Health Benefits, Inc.  
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