

| <b>Breakfast</b>   | <b>9/5/2016 Monday</b>                                                                                                                                          | <b>9/6/2016 Tuesday</b>                                                                                                                                         | <b>9/7/2016 Wednesday</b>                                                                                                                                       | <b>9/8/2016 Thursday</b>                                                                                                                                        | <b>9/9/2016 Friday</b>                                                                                                                                          | <b>9/10/2016 Saturday</b>                                                                                                                      | <b>9/11/2016 Sunday</b>                                                                                                                        |
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| Entree             | Apple Cinnamon Whole Wheat Pancake<br>Fried Egg<br>Hash Brown Potato Patty<br>Old Fashioned Oatmeal<br>Pork Sausage Patty<br>Scrambled Eggs<br>Turkey Bacon     | Bacon<br>French Toast<br>Old Fashioned Oatmeal<br>Roasted Potatoes<br>Scrambled Eggs<br>Turkey Sausage Link                                                     | Eggs Benedict<br>Hash Brown Potatoes<br>Old Fashioned Oatmeal<br>Pork Sausage Links<br>Scrambled Eggs<br>Turkey Bacon<br>Whole Wheat Pancakes                   | Bacon<br>Chocolate Chip Buttermilk Pancakes<br>Fried Egg<br>Hash Browns<br>Old Fashioned Oatmeal<br>Scrambled Eggs<br>Turkey Sausage Patty                      | Blueberry Buttermilk Pancakes<br>Home Fries<br>Old Fashioned Oatmeal<br>Pork Sausage Patty<br>Scrambled Eggs<br>Tofu-Potato Hash<br>Turkey Bacon                | Continental Breakfast<br>Assorted Pastry<br>Assorted Ceral<br>Fruit Bar<br>Juices , Milk<br>Coffee Tea                                         | Continental Breakfast<br>Assorted Pastry<br>Assorted Ceral<br>Fruit Bar<br>Juices , Milk<br>Coffee Tea                                         |
| Grill              |                                                                                                                                                                 |                                                                                                                                                                 |                                                                                                                                                                 |                                                                                                                                                                 |                                                                                                                                                                 |                                                                                                                                                |                                                                                                                                                |
| Fruit & Yogurt Bar | Cantaloupe<br>Diced Pineapple<br>Honey Granola<br>Honeydew Melon<br>Raisins<br>Strawberry Yogurt<br>Vanilla Yogurt<br>Whipped Cream Cheese<br>Whipped Margarine | Cantaloupe<br>Diced Pineapple<br>Honey Granola<br>Honeydew Melon<br>Raisins<br>Strawberry Yogurt<br>Vanilla Yogurt<br>Whipped Cream Cheese<br>Whipped Margarine | Cantaloupe<br>Diced Pineapple<br>Honey Granola<br>Honeydew Melon<br>Raisins<br>Strawberry Yogurt<br>Vanilla Yogurt<br>Whipped Cream Cheese<br>Whipped Margarine | Cantaloupe<br>Diced Pineapple<br>Honey Granola<br>Honeydew Melon<br>Raisins<br>Strawberry Yogurt<br>Vanilla Yogurt<br>Whipped Cream Cheese<br>Whipped Margarine | Cantaloupe<br>Diced Pineapple<br>Honey Granola<br>Honeydew Melon<br>Raisins<br>Strawberry Yogurt<br>Vanilla Yogurt<br>Whipped Cream Cheese<br>Whipped Margarine | Cantaloupe<br>Diced Pineapple<br>Honeydew Melon<br>Raisins<br>Strawberry Yogurt<br>Vanilla Yogurt<br>Whipped Cream Cheese<br>Whipped Margarine | Cantaloupe<br>Diced Pineapple<br>Honeydew Melon<br>Raisins<br>Strawberry Yogurt<br>Vanilla Yogurt<br>Whipped Cream Cheese<br>Whipped Margarine |

| <b>Lunch</b>      | <b>9/5/2016 Monday</b>                                                          | <b>9/6/2016 Tuesday</b>                                                                            | <b>9/7/2016 Wednesday</b>                                                   | <b>9/8/2016 Thursday</b>                                                                                                                  | <b>9/9/2016 Friday</b>                                                                              | <b>9/10/2016 Saturday</b>                                                                                                              | <b>9/11/2016 Sunday</b>                                                                                           |
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| Saute Station     | Buffalo Chicken Mac & Cheese<br>Gluten Free Penne<br>Grilled Rosemary Flatbread | Pickled Cucumber                                                                                   | Vegan Butternut Squash Risotto                                              | Boom Boom Sauce<br>Cilantro<br>Corn Tortilla<br>Kimchi<br>Korean BBQ Chicken<br>Korean BBQ Tofu<br>Lime Wedges<br>Pickled Carrot & Daikon | Miso Soup<br>Pickled Red Onion<br>Pulled Pork<br>Ramen Noodles                                      | Broccoli Cheddar Soup                                                                                                                  | Roasted Corn & Potato Soup                                                                                        |
| Vegan Station Hot | Cilantro-Lime Brown Rice<br>Seasoned Black Beans                                | Chermoula Roasted Vegetable Plate<br>Garlic Flatbread<br>Toasted Barley                            | Channa Masala<br>Jasmine Rice<br>Thai Curry Coconut Vegetable Saute         | Barley and Vegetable Ragout<br>Brown Rice<br>Charro Beans                                                                                 | Seasoned Black Beans<br>Tofu-Potato Hash<br>Yellow Rice                                             | Bacon<br>Banana Buttermilk Pancake<br>Crispy Tater Puffs<br>Old Fashioned Oatmeal<br>Scrambled Eggs<br>Turkey Sausage Patty            | French Toast<br>O'Brien Potatoes<br>Old Fashioned Oatmeal<br>Pork Sausage Links<br>Scrambled Eggs<br>Turkey Bacon |
| Soup Station      | Chicken Gumbo with Brown Rice<br>Vegetable Bean Soup                            | Beef Vegetable Noodle Soup<br>Hearty Lentil & Potato Soup                                          | Beef & Rice Soup<br>Butternut Squash Bisque                                 | Chile Cheddar Potato Soup<br>Pasta Fagioli                                                                                                | Manhattan Clam Chowder<br>Three Bean Chili                                                          |                                                                                                                                        |                                                                                                                   |
| Entree            | Beef Goulash<br>Egg Noodles<br>Sauteed Kale & Brussels Sprouts                  | Eggplant in Garlic Sauce<br>Gochujang<br>Kimchi Fried Rice<br>Korean-Style Fried Chicken Drumstick | Garlic Toast<br>Italian Roasted Vegetables<br>Sausage & Mushroom Cavatappi  | Garden Vegetables<br>Mexican Rice<br>Tortilla Crusted Striped Pangasius                                                                   | Buttery Penne<br>Grilled Italian Sausage<br>Roasted Brussels Sprouts<br>Sauteed Red & Green Peppers |                                                                                                                                        |                                                                                                                   |
| Grill             | Portobello & Pesto Baguette<br>Roasted Root Vegetables                          | Mexican Rice<br>Mexi-Corn<br>Queso Dip<br>Tortilla Straws<br>Veggie Quesadilla                     | Crispy Onion Rings<br>Grilled Ham & Cheese Sandwich<br>Texas Grilled Cheese | Sauteed Bruschetta Ravioli                                                                                                                | Baked Sweet Potato Fries<br>Kaiser Roll                                                             | Breakfast Stromboli with Sausage<br>Chicken Noodle Soup<br>Chocolate Chip Cookie<br>Classic Cheese Pizza<br>Deli Ham<br>Diced Tomatoes | Chocolate Chip Cookie<br>Classic Cheese Pizza<br>Deli Ham<br>Diced Tomatoes<br>Egg Substitute<br>Eggs             |

| <b>Dinner</b>     | <b>9/5/2016 Monday</b>                                                                                           | <b>9/6/2016 Tuesday</b>                                                                                                                    | <b>9/7/2016 Wednesday</b>                                                                                                                                                            | <b>9/8/2016 Thursday</b>                                                    | <b>9/9/2016 Friday</b>                                                                                                                                                     | <b>9/10/2016 Saturday</b>                                                                                                                     | <b>9/11/2016 Sunday</b>                                                                                                               |
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| Saute Station     | Jasmine Rice<br>Szechuan Beef<br>Tempura Tofu                                                                    | Seasoned Rice<br>Sweet & Sour Pork                                                                                                         | Gluten Free Penne<br>Pepperoni & Mushroom Cavatappi                                                                                                                                  | Japanese Beef Chilled Noodle Salad<br>Tempura Tofu                          | Bow Tie Alfredo with Bacon<br>Garlic Toast<br>Gluten Free Penne                                                                                                            |                                                                                                                                               |                                                                                                                                       |
| Vegan Station Hot | Jasmine Rice<br>Vegan Thai Curry<br>White Beans                                                                  | Brown Lentils<br>Jasmine Rice<br>Korean BBQ Tofu<br>Tempura Tofu                                                                           | Jasmine Rice<br>Rice Noodle & Vegetable Stir-Fry<br>Southwest Black Beans                                                                                                            | Almond Raisin Jasmine Rice<br>Aloo Gobi<br>Vegetable Balti                  | Cannellini Beans<br>Jasmine Rice<br>Pumpkin-Curry Vegetable Saute                                                                                                          | Cilantro-Lime Barley<br>Garbanzo Beans<br>Moroccan Vegetable Stew                                                                             | Jasmine Rice<br>Mediterranean Saute with Orzo                                                                                         |
| Soup Station      |                                                                                                                  |                                                                                                                                            |                                                                                                                                                                                      |                                                                             |                                                                                                                                                                            |                                                                                                                                               |                                                                                                                                       |
| Entree            | Basmati Rice<br><br>Chicken Tikka Masala<br>Seasoned Spinach<br><br>Pepperoni Calzone<br>Spinach Ricotta Calzone | Buttery Penne<br><br>Chicken with Marsala Sauce<br>Lemon Broccoli<br><br>Garlic Bread<br>Gluten Free Penne<br>Penne with Summer Vegetables | COD LOIN, BAKED, ALMOND CRUSTED, ROMESCO SAUCE<br>Green Beans & Carrots<br>Honey Orange Roasted Potatoes<br><br>Arrabbiata Sauce<br>Four Cheese Flatbread<br>Garlic Shrimp Flatbread | Carrots<br><br>Chicken Tagine<br>Couscous<br><br>Polenta with Broccoli Rabe | Cajun Brown Rice<br><br>California Blend Vegetables<br>Chicken & Shrimp Creole<br><br>Cheese Pizza<br>Chipotle Ranch Chicken Pizza<br>Four Cheese Pizza<br>Pepperoni Pizza | Grilled Rosemary Flatbread<br>Italian Vegetable Blend<br><br>Garlic Mashed Sweet Potatoes<br>Green Peas<br>Seasoned Corn<br>Stuffed Pork Chop | Breaded Turkey Cutlet<br><br>Ginger Honey Glazed Carrots<br>Remoulade<br>Roasted Garlic Potatoes<br><br>Pumpkin-Curry Vegetable Saute |