



BENNINGTON COLLEGE



WE CAN HELP

Building Skill and Community in Helping Students
Using the 4 R's

Recognize:

- Watch for groupings, frequency, and severity of behaviors.
- May be physical, psychological, academic, or directly safety related
- Trust intuition
- Increase awareness and noticing of personal and cultural biases

Refer:

IMMEDIATE RISK?

YES-

CONTACT CAMPUS SAFETY

X767 (Campus Phone) or **802-447-4250**

NO-

Refer to campus resources as appropriate

MAYBE-

Call the on-call therapist for consultation and support through Campus Safety.

Respond:

- Stay Safe
- Stay Calm
- Take Your Time
- Seek Consultation
- Use Active Listening
- Ask Direct Questions
- Give Concrete Help

Resources:

Campus Safety: 802-447-4250

For Academic Issues Regarding Students:
Laurie Kobik 802-440-4400

For Any Other Issues Regarding Students:
Natalie Basil 802-440-4330

On Call Therapist: Call Campus Safety