As part of your health benefit plan, you have access to personalized, one-on-one support from a registered maternity nurse throughout your or your partner’s pregnancy or adoption through the Special Delivery program at no additional cost to you.

**One-on-one support** | **No additional cost** | **Understand and address risk factors** | **Personalized outreach**

All Special Delivery nurses have extensive hands-on experience in maternity, neonatal, and infant care and can answer all your related questions, including those about:

- Your health history
- Potential pregnancy risk factors and how to minimize them
- Gestational diabetes
- Safe diet and exercise routines
- Travel during pregnancy
- Post-partum concerns and support
- Childcare issues
- Available community resources

If necessary, your nurse will even contact your physician to help coordinate your care.

Enroll in the Special Delivery program today. Call 1-833-345-1240.
How the Program Works

Trustmark’s Special Delivery

Find out you’re pregnant or soon to be adopting. Congratulations!

Call 1-833-345-1240 to enroll.

Receive your first call from your nurse.

Talk with your nurse every 3 to 6 weeks.*

Receive personalized educational information from your nurse.

Complete an easy assessment with your nurse to determine your needs.

Receive additional personalized information as needed.

Your baby’s birthday!

Nurse provides post-partum and infant care support.

*Frequency of nurse outreach depends on your risk factors and preferences.

Expect more. Benefit more.

Call 1-833-345-1240 to enroll in Special Delivery as soon as you learn you’re expecting. We’ll be here every step of the way to support you and your baby.