What moves the needle

I ask my body what it wants and it says power. Power, like Barry Bonds in the summer of '01 lifting rockets to a sky cracked over the stadium like an egg. Months on the juice in the mirror he stared. Flexed, veins popping. Was he enthralled, in that strange way men worship forceful bodies? I understand why he did it, back swollen like the crowd sound after the long ball, growing thick, slow. Mine is a body of water, laps at its edges begging space. Not to be more than a man, just to have gravity: love for my violence, swinging to pry fences open.